

Apé Bars

@ Grappenhall Heys Walled Garden

LUNCH MENU

Served From 12 midday

Paninis

Served with a salad Garnish and Coleslaw

Ham & Cheese

Cheese & Onion

Cheese & Tomato

Cheese, Red Onion and Mango Chutney

Creamy Brie & Cranberry Sauce

Goats Cheese, Pesto & Grilled Peppers

Tuna & Cheese

Bacon & Cheese

Welsh Rarebit

A Thick Slice of Toast smothered in a Welsh Rarebit 'made with Mature Cheddar, Guinness and Worcester Sauce and spices' topped with Bacon, served a Salad Garnish and Coleslaw

Quiche, Salad & Two Types of Chutney

A Generous Slice of Quiche served cold with Salad, Coleslaw & Two Types of Chutney

Hot Chicken Wrap

*Prime Chicken Breast in a slightly spicy coating, sliced then Served in a Fajita Wrap with Lettuce and Tomato with a Sweet Onion Coleslaw and Side Salad
(Choose either Spicy, Sweet Chili or Caesar Dressing)*

Trio of Spring Rolls & Thai Noodle Salad

*Three Spring Rolls served with a Thai Inspired Noodle Salad Drizzled with Soy, Honey & Ginger Sauce & Sweet Chili Dip
Choose from: Vegetable Spring Rolls
Peking Duck Spring Rolls
Or Choose the above with Chicken Skewers*

Salmon Fishcakes

Two Salmon, Lemon & Parsley Fishcakes served on a bed of Rocket with Salad, CousCous, and Lemon Mayonnaise